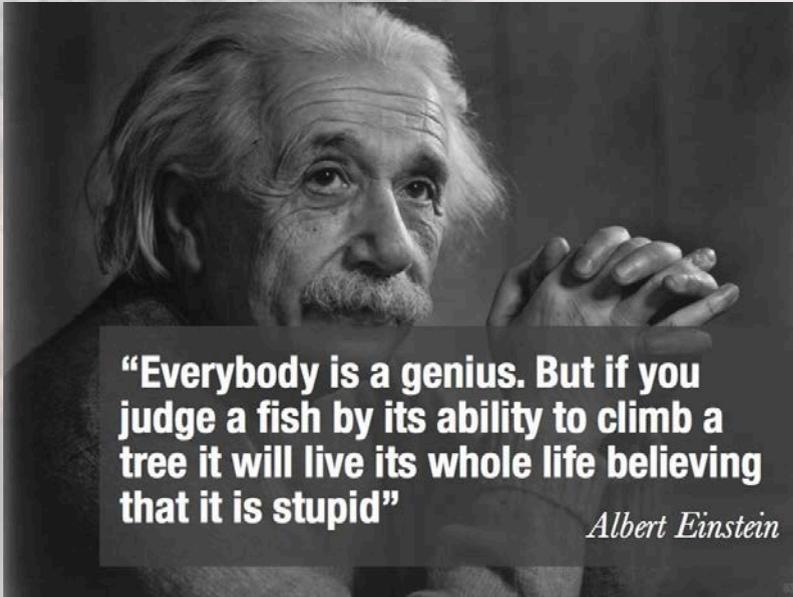




TVFF Club News

August 2016



“Everybody is a genius. But if you judge a fish by its ability to climb a tree it will live its whole life believing that it is stupid”

Albert Einstein

This Month Program –Huntsville’s Operation Green Team

Speaker: Denise Taylor, Assistant Director
Operation Green Team is affiliated with Keep America Beautiful, Inc., a national non-profit organization dedicated to improving waste handling practices in American communities.

Through this affiliation, Operation Green Team is able to offer curricula that teach our youth how to manage the waste we produce, intelligently and responsibly.



This Month's Activities

- 4 Aug -  BOD Meeting
- 11 Aug - Foam Fly Series, 7pm room 201
- 18 Aug -  TVFF Club meeting, 7pm room 201
- 20 Aug -  Aldridge Creek Clean-Up
- 25 Aug - Foam Fly Series, 7pm room 201



Denotes a of qualifying event

In this issue

- [Fly of the Month](#)
- [Catch of the month](#)
- [TVFF Kicks off Foam Series](#)
- [Aldridge Creek Clean Up](#)
- [Lyme Disease – What you need to know!](#)
- [IFF Southern Council Fly Fishing Fair and Club Trip](#)
- [Bucketmouth Quest – July](#)
- [National Water Melon Day](#)
- [2017 Donovan Trip](#)
- [Federation of Fly Fishers Code of Angling Ethics](#)
- [Short Notes](#)
- [Our Sponsors](#)



* HOME key returns you to this page

Participation Award

You could be the lucky WINNER!
Get your free ticket at any qualifying event



** Must be a TVFF member to be eligible



Fly of the Month

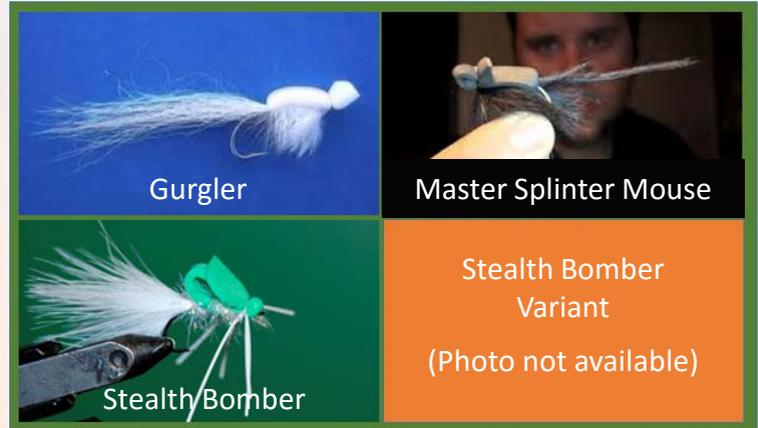
Foam Fly Series continues with 2 tying sessions this month.

The fun begins on the 11th with Joe Tremblay tying a Gurgler variant and a new fly from Hook Shots dubbed the Master Splinter Mouse. Both flies work great on bass as well as big wild browns and rainbows.

On the 25th, Debbie Hill will be tying a Stealth Bomber followed by Wayne Causey tying a Stealth Bomber variant. The Stealth Bomber has been the go-to fly for big bass at Donovan Lakes Since it's introduction 4-5 years ago.

As always, there will be a \$2 charge to cover the cost of materials.

Join us for 2 hour sessions held on the 2nd and 4th Thursday of the month at 7 PM.



- PRESENTED BY:
- OPERATION GREEN TEAM
 - HUNTSVILLE CITY SCHOOLS
 - HUNTSVILLE UTILITIES
 - ENERGY HUNTSVILLE INITIATIVE



CHANGE OUT!
Pick the 5 most used lights in your home or office and change to LED

1



UNPLUG IT!
Make vampire appliances a thing of the past

2



SET IT RIGHT!
Set thermostat to 78F Summer 68F Winter

3



CLEAN UP QUICK!
Take a 5 minute (or less) shower

4



KEEP IT CLOSED!
Close garage doors and seal windows

5



HUNTSVILLE • ENERGY • EVERYWHERE

For more information contact
Operation Green Team
256.532.5326

Catch of the Month

Debbie Hill With a nice shellcracker caught with a white gurgler. Summer bream on topwater is one of life's treasures.

Congratulations Debbie! Great fish!



Send your fishy photos to TVFF.website@Gmail.com



TVFF Kicks Off Foam Fly Series

Tying foam flies is fun and easier than it looks.

The July foam series kicked off proved to be more popular than expected attracting seasoned, new to the TVFF fly tying group as well as new fly tyers.

July featured tyers included Dick Curtis and his Black Foam Caddis, Bob Lowery tying a foam Ant and Beetle, Brian Bouma tying the ever popular Chernobyl Ant and Reid Benton tying the must have Charlie Boy Hopper.

With that much talent present, it's easy to understand why this series continues draws a large crowd. There's still time to join us, as a matter of fact we've missed you.

This month we will be tying a Gurgler Variant, the Master Splinter Mouse, the Stealth Bomber and a Stealth Bomber Variant. All great bass and trout flies.



TVFF "Adopt a Stream" Aldridge Creek Clean-up Saturday, Aug 20th

Aldridge Creek is a local tributary flowing through Huntsville that feeds into the Tennessee River at Ditto Landing. As a conservation activity, TVFF adopted a segment of this stream in 2013. The focus of this stream adoption program is to assign segments of Aldridge Creek to local affiliates for the purpose of them maintaining the overall condition, appearance and fish-ability of the creek.

The city will provide cleaning supplies including trash bags, can catchers and gloves. In addition, they will erect signs showing who has adopted each individual section of the creek.

TVFF will provide lunch, beverages and fixings for all attending and assisting in the clean-up.

Those interested in supporting this conservation activity should contact Larry Hice (256-508-2344 or lhice@plasticfusion.com) or Joe Tremblay (256-348-2172 or tremblayjo46@hotmail.com).



**More volunteers needed!
Call now.....**





Ticks & Lyme Disease: Avoid Infection With 16 Facts

June 7, 2016, 10:17 am

By: Adam Ruggiero

explainer-series - Prevent, identify, and treat Lyme disease as the summer season kicks off. Here's how.

There are plenty of misconceptions surrounding Lyme disease

and a lot that is still not understood. However, there is plenty of solid information to protect yourself and stay healthy, even if an infected tick bites you. Here's what you need to know.



Do The 'Tick Check'

- 1) It's All In The Ticks.** Lyme disease is exclusively transmitted to humans by blacklegged ticks – commonly called deer ticks. There is no evidence to suggest that Lyme is transmissible person to person.
- 2) One Bad Apple (Seed).** Adult blacklegged ticks mature to no bigger than the size of a small apple seed, so check yourself thoroughly if you may have come in contact. Ticks tend to attach near the groin, armpits, and scalp.
- 3) Only Specific Places Have Lyme.** Because Lyme is relegated to blacklegged ticks, it isn't a danger everywhere. Ninety-six percent of all incidents of Lyme occur in 14 states: Connecticut, Delaware, Maine, Maryland, Massachusetts, Minnesota, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, Virginia, and Wisconsin.
- 4) Long Bites Are Bad.** Always check yourself, friends, and family immediately for ticks if you're in areas where you're likely to encounter them. Ticks can only spread Lyme if they're attached for at least 24 hours, and generally won't spread infection until 36-48 hours after biting.
- 5) Use Tweezers To Remove Tick.** DO NOT use petroleum jelly, nail polish, or fire to kill the tick. Grasp the tick firmly as close to the skin as possible and pull it away from your body – be prepared, its mouth parts may remain attached. Cleanse the area with soap and water. According to the [CDC](#), there is no need to save the tick because "in general, testing of individual ticks is not useful."
- 6) 300,000 Bites Per Year.** The Centers for Disease Control estimates that "around 300,000" people contract Lyme disease annually, with only 10 percent of all cases being reported to the CDC. That makes it the fastest-growing bug-bite illness in the U.S. The CDC reports that Lyme is increasing faster than any other vector-borne infection.

Lyme Disease Symptoms

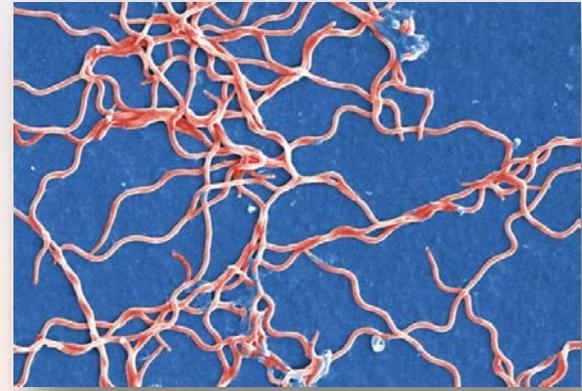
- 7) Bull's-Eye Rash, Usually.** The most notorious symptom of Lyme disease is the unique "bull's-eye" rash, so named because it radiates outward up to 12 inches from the site of infection over the course of several days. While most infected individuals develop the rash – estimated occurrence in 70-80 percent of cases – many never recall seeing it, as it may not present for up to 30 days following infection.





8) More Severe Symptoms. In addition to rash, fatigue, and fever, Lyme disease can cause Bell's palsy (facial paralysis), heart palpitations, and arthritis. Like other symptoms, these generally clear up after treatment and are not permanent.

9) The Real Culprit. Ticks are merely carriers of the bacteria that causes Lyme disease – *Borrelia burgdorferi* (named after the researcher Willy Burgdorfer, who first isolated the bacterium in 1982).



Lyme Disease Treatment

10) It's Curable, Mostly. According to the most doctors, the majority of cases – especially when diagnosed early – can be completely treated with antibiotics and affects reversed. Treatment consists of two to four weeks of oral antibiotics. In some cases, especially when the infection goes untreated or unnoticed for months or longer, post-treatment Lyme disease syndrome (PTLDS) can occur. When this happens, fatigue, pain, or joint and muscle aches can persist for months after treatment has ended. While the cause of PTLDS is not known, the CDC says the symptoms fade on their own with time (often months).

11) Some Controversy. While immediate treatment of Lyme disease is straightforward, there is disagreement within the medical community about the long-term effects and treatments associated with it. Specifically, according to a Lyme disease advocacy group, some people treated for Lyme disease experience symptoms "similar to that of patients with congestive heart failure." The controversy lies in whether or not patients are better served with a longer course of antibiotics to fully eradicate the infection.

12) No Guarantees. Lyme disease is treated with antibiotics. The earlier treatment begins, the better. While most cases of Lyme, like many infections, exhibit no further symptoms after successful treatment, there is no test to verify that the bacteria has been eradicated from the body.

13) Neither Positive, Nor Negative. Blood tests for Lyme are notorious for false results – it's really all about timing. It can take several weeks for the body to begin producing antibodies, which the tests target, against infection – well after the onset of symptoms – resulting in false-negatives. These antibodies can also remain in your system long after Lyme has been successfully treated, resulting in false-positives.

Lyme Disease & Tick Bite Prevention

14) An Ounce Of Prevention. The best way to avoid tick bites is by covering as much exposed skin as possible – long pants and sleeves, as well as long socks. Additional steps to dealing with ticks:

- **DEET** – use [insect repellent](#) with 20 percent DEET concentration.
- **Permethrin** – [treat](#), or buy pre-treated, [clothes, tents, and camping gear](#) with permethrin, which kills ticks on contact. DO NOT APPLY DIRECTLY TO SKIN.
- **Daily checks** – perform daily checks to minimize possible tick exposure, particularly in the most high-risk months, May through July.
- **Shower up** – ticks frequently track indoors on your clothes. Remove and wash your clothes after returning inside and take a shower, checking for ticks.

Tick Trivia

15) A Great Place To Visit. Lyme gets its name from the coastal town in Connecticut where it was first described in 1975.

16) Not Just Lyme. Ticks can transmit a [host of infections](#) that result in sickness among humans – including Rocky Mountain spotted fever, tularemia, and anaplasmosis.



IFFF Southern Conference Fly Fishing Fair



Get ready for the 1 Oct-9 Oct pilgrimage to Arkansas's premier trout waters and IFFF Southern Council Fly Fishing fare.

The low water conditions promise ample wading opportunities as well as the ever popular boat fishing. Both the White and the Norfolk offer some of the best trout fishing in the country with phenomenal per mile fish count.

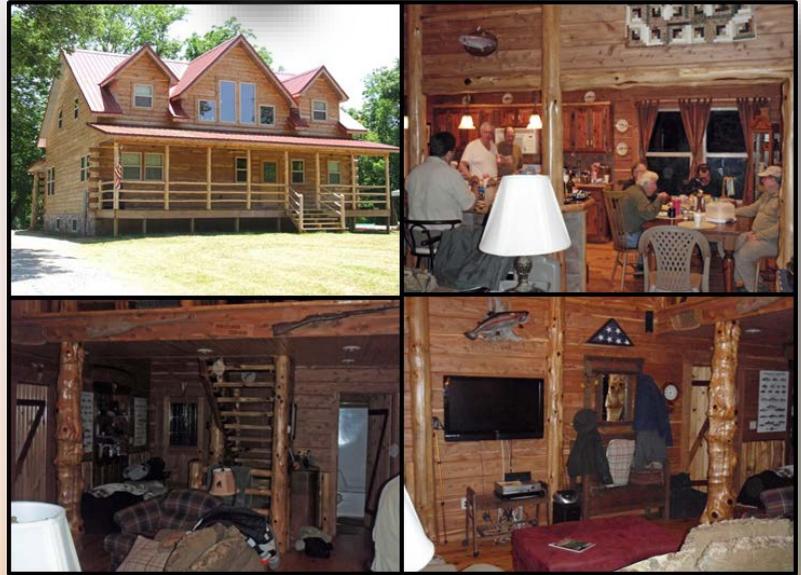
This trip has been one of TVFF premier events for long before I have become a member and remains so today. This is a great opportunity to fish blue ribbon trout waters with veteran club members.

You'll be staying at Riley Station in Cedar Gables, a wonderful log house that sleeps 8+, located on the White River and a short drive to favorite fishing spots on the White and Norfolk Rivers.

In addition to some fabulous fishing, the FFF Southern Fly Fishing Fair is scheduled for Friday, October 7th through Saturday, October 8th. There will be ample time to stock up on everything fly fishing and to attend various classes.

If you ever wanted to fish one of America's top trout destinations but thought it was out of reach, this is you. \$450 gives you 7 days of world class fishing, meals, transportation to and from, license and entrance fee to IFF Southern Conference Fly Fishing Fair. A great value!

Contact Larry Hice (256) 508-2344, lhice@plasticfusion.com to sign up for one of the best fly fishing values available to club members.



**Highly Recommended
Not to late, sign up now!**



Bucketmouth Quest – July by Joe Tremblay

The plan was for Bill Pittenger and I to fish Donovan lakes at least once a month for one year in search of big bass. Together we braved the January and February cold (often dipping down in the teens), the lethargic March bass, and we reveled in the glory days of April and May. Unfortunately, family obligations and illness kept us closer to home for most of June and all of July.

Unable to travel to our favorite bass destination and the need for some fishing therapy rekindled our love affair with the numerous small streams found throughout North Alabama.

Wading knee deep clear water creeks while tempting bream and small bass with topwater flies is truly one of life pleasures. The thrill of seeing the wake of an aggressive fish rushing toward the fly, the splash of the take, those few precious moments spent trying to decide whether it's a bream or a bass and never being disappointed with the results can be as rewarding as going to distant destinations, especially when time and circumstances won't permit it.



Bill, Debbie Hill and I had the pleasure of spending several July mornings on such a creek, catching small bass ranging from 6+/- to 13 inches and lots bream included Rock Bass, Red Breasted Sunfish, Green Sunfish and of course Shell Crackers. It 's amazing how many varieties of fish live in our small creeks and how eager they are to take a fly.

National Water Mellon Day Always on August 3

This big fruit deserves it's own big day. So, we give pause to celebrate watermelons on National Watermelon Day.

Sweet and tasty, watermelons, are one of summer's favorite fruit. It's standard fare at picnics. While watermelon is over 90% water, it sure tastes good, and what picnic would be complete without a seed spitting contest?

Our research was unable to establish this day is a true national day (which requires an act of congress). We also have not uncovered the origin of this day. We suspect it originated by an agricultural organization, or perhaps a wild and crazy watermelon fan.



For more on Holiday Insights- tradition, fun, facts visit <http://www.holidayinsights.com/>



2017 Donovan Lakes Club Trip

Opened to all club members. Trip includes: 4 nights of accommodations at [Donavan Inn](http://donavanlakes.org/) and 5 days of fishing at one of Alabama's best bass destinations (2 half days plus 3 full days). <http://donavanlakes.org/> All for \$~ 320 including meals. Never fished for bass, no problem. Experienced members are happy to coach you.



Still room for 1 more!
Contact Larry Hice (256)
508-2344,
lhice@plasticfusion.com
to signup



Donavan 2016

Make your plans now! Space is limited!

-  Monday 17 April till noon Friday 21 April
-  Accommodations for 6 (8 with one on sofa bed)
 -  2 john boats are available with Inn rental
 -  1 additional boat needed (8 need 2nd boat)
 -  Trolling motor only
-  Per person cost ~ \$320 - (8 ~ \$280)
 -  Includes fishing meals and lodging
 -  Comparable bass lakes charge \$250/day just for fishing
-  Sign-up begin at June meeting
-  First come first served
 -  Nonrefundable \$257 deposit required at sign-up
 -  Draw for spots if overbooked at June meeting
 -  2nd trip possible if enough members sign-up
-  Cancellations filled from standby list
 -  Replacement reimburses deposit





Federation of Fly Fishers Code of Angling Ethics

- Fly anglers understand and obey laws and regulations associated with the fishery.
- Fly anglers believe fly fishing is a privilege and a responsibility. Fly anglers conserve fisheries by limiting their catch.
- Fly anglers do not judge fellow anglers and treat them as they would expect to be treated.
- Fly anglers respect the waters occupied by other anglers so that fish are not disturbed.
- When fishing from a watercraft, fly anglers do not crowd other anglers or craft or unnecessarily disturb the water.
- Fly anglers respect other angling methods and promote this Code of Angling Ethics to all anglers.



Short Notes

TVFF Calendar

Got a good fishy picture? Send it to TVFF.website@Gmail.com to be included in the 2017 TVFF CALENDAR.

Pictures of you or your family member holding fish caught from 1 October 2015 to 1 October 2016 qualify.

We're looking for pictures of big fish, small fish, warm water fish, cold water fish and saltwater fish – in short, any old fish that you or one of yours caught. As many pictures will be incorporated as possible.

So send them in and don't forget to smile.

A FREE copy of the Calendar will be given to all members who submitted pictures whether or not those photos appear in the calendar.



TVFF Classified

Have something you want to sell or buy? Now you can submit classified ads to be included in the Club News. Ads must be submitted not later than 5 days prior to the 1st and will not carry over to the next month unless requested via email by the originator.

Go to the Members Only tab, download and submit the Classified Ad form and your ad will be posted in the next Club News. It's quick and easy and free.

TVFF Mentor Program

The TVFF Mentor Program is now online and available to our members through the TVFF website. The Mentor Program provides a method by which members can share their knowledge, experience and expertise in specific areas of fly fishing with others in the club. Check out the program by clicking on the Mentor Program tab on the TVFF website.



Our Sponsors:

- Cabela's: <http://www.cabelas.com/>
- Dally's Ozark Fly Fisher: <https://theozarkflyfisher.com/>
- Feather Craft Fly Fishing: <http://www.feather-craft.com>
- Fly South: <http://flysouth.net/>
- Golden Rule Fly Shop: <http://www.goldenruleflyshop.com/>
- Hookers Fly Shop: <http://hookersflyshop.com>
- Hunter Banks Co: <http://www.hunterbanks.com>
- International Federation of Fly Fishers: <http://fedflyfishers.org/>
- Orvis Co. Inc: www.orvis.com
- Riverside Fly Shop: <http://www.riversideflyshop.com/>
- Rivertown Gallery, Duane Hada: <http://www.rivertowngallery.com/index.html>
- Tim's Flies & Lies: (931) 759-5058
- Wapsi Fly, Inc: <http://www.wapsify.net/>
- Wishes and Fishes: <http://www.theflyfishing-store.com/>