



TVFF Club News

August 2019



Program – August 15th, 7 pm

Swap Meet

Annual Swap Meet August 15th

Have excess fly fishing gear? Bring it. Need equipment? Come buy it. Rods, Reels, Fly Line, Vests, Waders, Boots, Nets, Wading Staffs, Hooks, Feathers, Fur, Books. A spool for a reel you no longer own. Some new, some used. Buy, barter or trade. There will be bargains. Come early, stay late. Starts at 7:00.

Board of Directors Meeting
August 1st
7PM Room 201
Members Welcome

Updated Fishing Reports

[Great Smoky Mountains National Park](#) – Little River Outfitters (Daily)
[White and Norfolk Rivers](#) – Cotter Trout Lodge (Weekly)

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**Please welcome our
newest members:**

David Bailey
Connor Baker
Charles Savas
Dana Beyerle

This Month's Activities

- Aug 1 BOD Mtg - 7pm Room 201
- Aug 8 Fly Tying - 7pm Room 201
- Aug 15 Program - 7pm Room 201
- Aug 22 Fly Tying - 7pm Room 201



BOD Minutes

BOD minutes are now available for review at the monthly meetings.

Members can read the minutes by simply asking the Club Secretary, David Hatfield.



TVFF Fly Tying Group

The Jackalope - Tier, Steve Kerkhof

8 August: Justin Hanson calls this fly the Jackalope Carp Fly because it is a jack-of-all-trades kind of fly. It works in a lot of situations because crayfish are found in a ton of different environments, preyed upon by most game fish, and because it just looks buggy.

The Jackalope is not just for carp, trout love it too! Many rainbows and browns were fooled by a black version on the Club's recent White River trip. Tied in other colors, the Jackalope can imitate dragonflies, gobies, sculpin, stoneflies, etc. We will be tying it in black, a color that has been very effective for Joe Tremblay.

Faith Presbyterian Church, 7-9 PM

Cost \$2.00



Estaz Fly- Featured Tier, Debbie Hill

22 August: This fly pattern comes from the Federation of Fly Fishers Fly Pattern Encyclopedia. FFF is the forerunner of FFI. It is a simple pattern that is quick to tie. The body is grub shaped with a marabou tail. It would be a good addition to a Casting for Recovery fly box, so you are encouraged to tie one for yourself and one to donate to Casting for Recovery.

Faith Presbyterian Church, 7-9 PM

Cost \$2.00



All are welcomed! Fly tying equipment is available for new tyers. Come and discover the joy of catching fish on a fly you tied or even designed. Join us for 2 hour sessions held on the 2nd and 4th Thursday of the month at 7 PM.

Catch of the Month – Fred Kaufmann

Fred was fishing with Joe Tremblay when he caught this nice carp on a jackalope fly. Coincidentally we will be tying this pattern on Aug 8.

Fred says it was towards the end of the trip when he hooked into a big carp that he couldn't stop, slow down or even turn. That monster broke his 25 lb. test saltwater tippet.

But Fred didn't have to go home with just a story of the one that got away. He soon hooked this 18 lb. beauty, that is if you can use the words carp and beauty interchangeably. While carp definitely have the lips for kissing, there is no report of Fred giving her a smooch before he let her go.



King Mackerel Recipe

David Hatfield has provided this recipe for anyone lucky enough to catch a king mackerel.

6-8 King Mackerel fillets with skin on

Whole milk

Italian dressing

Seasonings to taste

Lemon juice

Oil

I've fished for King Mackerel off and on for the past thirty years but have struggled with a cooking method that receives the family seal of approval. A couple of years ago, I stumbled upon the following recipe, and it has turned mackerel critics into mackerel connoisseurs. First, a few caveats. As with all fish, the care taken in the field along with the appropriate freezer care will yield better table fare. And second, King Mackerel fillets have a significant blood line that requires removal prior to cooking. I recommend removing this blood line before freezing if the catch won't be prepared immediately. Lastly, remove any small bones remaining from the filleting process.

The secret to this dish is simply the marinade. Mix equal parts of whole milk with Italian dressing (My preference is non-canola oil-based dressings). Arrange the fillets in a single layer, skin side down, in a glass dish. Cover the fillets with the marinade and then cover the dish. Place the dish in the refrigerator for 3 to 4 hours. I prefer to grill the fish, but baking or broiling should also work. Remove each fillet from the marinade and lightly shake to remove the excess. Over a medium to medium hot grill with a very lightly oiled grate, place each fillet on the grate, skin side down. Dust the raw flesh side with your favorite seasonings (I use a smoky homemade rub) and squirt each fillet with a bit of Italian dressing. Grill covered. The goal is to grill each fillet by turning only once (~5 to 7 minutes per side depending upon heat and fillet size). Also, if executed properly, when you make the first flip, the skin will stick to the grate providing a nice cooking pad for the flesh side. Remove the fish when done, squirt with lemon juice and serve immediately.



Chamness Award Nominations

Know someone deserving of recognition? Nominations are being accepted for the 2019 Chamness Award.

Named after Johnny Chamness, one of our founding members whose dedication and service was instrumental to the club's success.

Although Johnny never held office, his service to the club continued unabated until the years and health issues forced him to limit his activities. Johnny's countless contributions were officially recognized in 1998 with the creation of the Johnny Chamness Award for excellence in service.

In keeping with the spirit of service to the club, the Chamness Award is presented to members who have provided invaluable service to the club through their contributions of time, energies and support of club functions, activities, events and goals.

Nominations are easy. Simply submit the candidate's name along with the reason you feel he or she is deserving of the award to Debbie Hill, last year's recipient and 2019 Selection Committee Chair, at debhill522@gmail.com. The nomination deadline is at the August 15th club meeting.



Chamness Award for Excellence in Service

Your **Alabama Freshwater Fishing** license expires 8/31. Early renewals will be available online starting 8/26. Alabama residents 65 years of age and over are exempt from purchasing a license. Go to <https://www.outdooralabama.com/> for additional information.

Fill a Box

Faith Presbyterian Church sponsors a "Fill a Box" program to assist seniors in our community that are identified as food insecure. Please help TVFF support this worthwhile activity by bringing one item from the list below to the next meeting.

- 1 box of low-sugar, high fiber CEREAL
- 1-2 boxes of instant OATMEAL
- 1-2 boxes of BREAKFAST BARS
- 4-5 cans of TUNA, HAM, CHICKEN
- 6-8 cans of low-sugar FRUIT
- 6-8 cans of SOUP
- 6-8 cans of low-salt VEGTABLES
- 3-5 boxes of LOW-PREP MEALS (Hamburger Helper, Mac n Cheese)
- 2-3 bottles/jars of Condiments (mayo, ketchup, oil, etc.)
- 1 jar of PEANUT BUTTER
- 1-2 packs of SNACKS/DESSERT



Fill-A-Box



Casting for Recovery

History and Purpose

Casting for Recovery was founded in 1996 in Manchester, Vermont, by a breast reconstruction surgeon and a professional fly fisher. Awarded 501(c)(3) non-profit status in 1998, Casting for Recovery's innovative program focuses on improving quality of life for women with breast cancer, and has garnered endorsements from medical and psychosocial experts nationwide.

Casting for Recovery (CfR) provides healing outdoor retreats for women with breast cancer, at no cost to the participants. For women who have had surgery or radiation as part of their breast cancer treatment, the gentle motion of fly casting can be good physical therapy for increasing mobility in the arm and upper body. Couple that with the emotional benefits of connecting with nature, and you've got powerful medicine. Our retreats are unconventional and described by many women as life-changing.

What can we do?

A simple way that we can help is by providing flies for the retreats. The aim is to tie 14 copies of a single fly. Why 14? Because there are 14 participants in each retreat. Your fly will be used with similar donations from others to fill 14 fly boxes for the retreat participants. *If you can't tie 14 flies then come to fly tying on Aug 22 where we will each tie one fly for our self and one or two more to donate, so together, we will have 14 total to donate.*

Debbie Hill is the point of contact for TVFF. Contact information is on the TVFF website or membership form.

To avoid duplications, this is the current list of flies that Debbie has received for Casting for Recovery:

- Bead-head Pheasant Tail
- Bully's Spider
- Grub Worm
- Red Squirrel nymphs
- Chernobyl Ant
- San Juan Worms
- Wooly Bugger-Olive
- Wooly Bugger-Black
- Carrie's Soft Hackle
- Scuds
- White Gurgler



My granddaughters Adeline and Willa tying the ported popper



TO FLY FISH

BETTER FLY FISHING SKILLS FOR YOUR SPECIES!



THE EQUALIZER FLY PATTERN

I've long been a major advocate of fishing flies that are versatile and that can imitate many different prey items, particularly when choosing a given bass fly to fill a specific niche. In general tackle, lures with an effective trigger and an overall profile that resembles many different prey items are normally...



TVFF Job Jar YOU CAN HELP!

Click on a Job listed below and send an email to volunteer or to obtain additional information.

This is your opportunity to support TVFF without signing up for a long term commitment.

Your help is needed and greatly appreciated.

[Manage the TVFF Job Jar](#) - Update this page monthly and coordinate requests.

[Provide flies for the TVFF Casting for Recovery \(CfR\) Fly Box](#) – Tie or purchase 14 flies of the same pattern for the TVFF CfR Fly Box. Contact the [TVFF program manager](#) prior to selecting the pattern to avoid duplicates. Fly boxes will be donated annually.

CfR provides free healing retreats for women breast cancer survivors in various stages of treatment and recovery. CfR's retreats offer women opportunities to find inspiration, discover renewed energy for life, and experience healing connections with other women and nature.

[Club News Contributor](#) - Provide the Communication Director content of interest geared toward our members such as activities, articles, trip reports, etc.

[Official TVFF Photographer\(s\)](#) - Photograph TVFF events and email photos to the Communication Director.

[Safety Pin Flies](#) - Tie some safety pin flies to be given to visitors at TVFF outreach activities. This simple to tie pattern is very popular with younger visitors. Demand is always great and outstrips our supply; we never have enough.

[Manage TVFF Calendar](#) - Update TVFF Google Calendar with events provided by BOD.

August Holidays

National Left Handers Day

Aug 13th

Left Handers Day was first created by publicist Dean R. Cambell in 1976. He created the day in order to draw public attention to the problems and needs of left-handed people. Left-handed people have special problems living in a society dominated by right-handed people. The first time it was celebrated, it was celebrated on Friday the 13th in August of 1976. It's been celebrated on the 13th ever since. Is this an example of a left-handed complement?

Reportedly lefty presidents (For bonus points, name the other presidents since Give-em-Hell Harry, all presumably righties)

Harry S. Truman (1884-1972)

John F. Kennedy (1917-1963)

Gerald Ford (1913-2006)

Ronald Reagan (1911-2004)

George H.W. Bush (1924-)

Bill Clinton (1946-)

Barack Obama (1961-)



National S'Mores Day

Aug 10th

The holiday doesn't have a history, but the history of s'mores is fairly well documented. They were originally called "some mores" and the recipe was first revealed in a girl's scout book from 1927 called *Tramping and Trailing with the Girl Scouts*. In 1956, the recipe was once again printed in a book called *"The Omnibus Of Fun"* but this time it had a new name: s'mores (a contraction of some mores). The original recipe of this treat is really simple. A sandwich of two graham crackers is made with toasted marshmallow and half of a chocolate bar.

You know how to celebrate, have S'Mores!





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